



Insurance & Payment Policy

As a small, independent health clinic, we ask all our patients to please understand that we work on a self-pay basis only. We do not contract or work directly with any insurance company, including but not limited to, private insurance and/or insurance through United Healthcare, Medicare and/or Medicaid. Tamara TCM is not under contract with any healthcare insurer and, therefore, you agree to the following:

Our regular base rates are:

\$180 — New Patient TCM Visit

\$100 — TCM Follow-up Visit (Add-on treatments not included)

Payment is due upon services rendered and our clinic does not reimburse any portion of a payment, nor do we negotiate or work with insurance companies, whether private insurance or United Healthcare, Medicare and/or Medicaid. Tamara TCM is not under contract with any healthcare insurers.

Patients can avail themselves of a base-rate discount of \$15 in the event that they receive more than one follow-up TCM treatment within a calendar week.

Please sign below to acknowledge that you have read and understand all of the above and that you agree to terms listed in this Insurance & Payment Policy.

Thank you for your understanding and cooperation!

Patient Name

Patient Signature

Date

By my signature above, I expressly agree not to hold Tamara TCM Wellness Clinic liable or responsible in any way for reimbursing or discounting costs incurred as a result of my treatment. I understand that my insurance company, whether private or United Healthcare, Medicare and/or Medicaid, will not reimburse a portion of my out-of-pocket costs because Tamara TCM is not under contract with any healthcare insurers. Accordingly, I will not attempt to collect any refunds, discounts, or reimbursements from Tamara TCM Wellness Clinic as a result of my insurance company's denial or partial reimbursement.